Come in, with Peace, Angels of Peace:
Welcome, in Peace, Angels of Peace:
messengers from high above...

A blessing: We celebrate the Source of all life, creating the wine from the vine.

Raise a glass of wine or your variety of choice to take a sip of Sabbath.

Kiddush for Friday Night:
short version

Baruch atah Adonai Eloheinu rauch ha’olam boreh pri haqafen
A blessing: We celebrate the Source of all life, creating the wine from the vine.

Kiddush for Friday Night:

Yom Ha-Shishi.

We bless You, God, Source of All Life, Creator of the fruit of the vine. (Amen)

Baruch atah Adonai Eloheinu ruach ha’olam boreh pri haqafen
A blessing: We celebrate the Source of all life, creating the wine from the vine.

At my Shabbat table, just around and said, “that was pretty good” - the words that re-creating the very first from this past week. We’re people to share one highlight cups, we go around and ask what was the best moment of your week. Before we fill the Kiddush cups, we go around and ask what was the best moment of your week.

Lab/Shul community. How can we expand this model out further and create more connection and responsibility - and less hunger in the world.

We Bless You, God, Source of All Life, for making our lives holier with these commandments, giving us the legacy of the sacred sabbath, with love and goodwill, as a memorial to the act of creation. It is primary among our holy days, commemorating our deliverance from Egypt. For You chose us, and sanctified us along with all other nations, and with love and goodwill gave us the legacy of Your Holy Sabbath.

We bless You who Makes the Sabbath Sacred. (Amen)
A Blessing: We pause to celebrate the Source of All Life, grateful that our lives become more meaningful with each sacred deed as we light these candles of Shabbat.

Shabbat begins with candlelight. Light two or more. In some traditions each dinner guest lights a candle as all gather around the table. Hand gestures may apply.

Gather around the table. Dim the lights.

How about turning off all or some digital devices for as long or little as works for you - but at least during Shabbat dinner?

Welcome the Sabbath Queen and her entourage of angels with this classic hymn or with another of your favorite Shabbat songs or wordless melodies. Sure, it’s awkward, but it alters the mood and everybody loves angels.

My favorite moment of the candle lighting is the pause after the blessing is said, when the eyes are still covered, just before the candle lights are revealed. It’s the perfect moment for a quickie personal prayer.”

Shira Kline