

HANUKKAH CANDLE LIGHTING

HOW-TO KIT

Welcome to Hanukkah! Our fave winter holiday might commemorate memorable military might, Macabean style, a super powered jug of oil that lasted eight long nights against all odds or the oldest reason for the season: Lighting up mid winter nights with friendly flames of connection, sparking justice, gifting hope, frying joy, and spreading love

Whatever your why, here's how: Don't just light up your menorah - share the light! Lean local and put your menorah in your window for all to see. Go global on screens to get likes worldwide and supersize the celebration. Home to home, heart to heart, screen to screen, flame to flame: Enjoy our God-Optional Hanukkah blessings + Spark Wonder Now (Repeat x8)

To Light!

The Lab/Shul Ritual Team



1

SPARK

A spark: in the Presence of the Infinite, we treasure our sacred tradition as we ignite this Hanukkah light.

ברוך אתה, יי אלהינו, רוח העולם, אשר קדשנו
במצותיו וצונו להדליק נר של חנוכה.

*Baruch atah Adonai Eloheinu ruach ha'olam
asher kidshanu b'mitzvotav v'tzivanu
l'hadlik ner shel Chanukah*

Insider Tip: Ready? Dim or turn off the lights to give the Hanukkah flames the spotlight. Take one deep breath together with everyone present. Recite or sing the blessing, then start to light from left to right and let there be light.

2

WONDER

A breath: in the Presence of the Infinite, We celebrate the wonder of our ancestors' survival, generation to generation, back then, right now.

ברוך אתה, יי אלהינו, רוח העולם, שעשה נסים
לאבותינו ואמותינו בימים ההם בזמן הזה.

*Baruch atah Adonai Eloheinu ruach ha'olam
she'asah nisim la'avoteinu v'imoteinu
bayamim hahem baz'man hazeh*

Insider Tip: Use this ancient pyro-technology to bring more meaning to the night: Let your eyes focus gently on one of the flames for at least 30 seconds. Count colors, be surprised. Can you meet the eyes of your ancestors inside this flame, across the generations?

3

NOW

A blessing: in the Presence of the Infinite, we pause with gratitude for the journeys that have brought us to the here and now.

ברוך אתה, יי אלהינו, רוח העולם, שהחיינו
וקיימנו והגיענו לזמן הזה.

*Baruch atah Adonai Eloheinu ruach ha'olam
she'he'cheyanu v'ki'manu, v'hi'gianu
laz'man hazeh*

Insider Tip: Recite this blessing only for the first time you light this year. As you bask in the candlelight, take time to think of and share one gift you are grateful for from this past year, and one intention for the next. Honor the journey, be in this moment, light up the road ahead. Let there be life.